## Nogier Frequencies

### Cellular Vitality
Resonates with **Ectoderm** (outermost tissue) that forms:
- Skin
- Ears
- Glands
- Teeth
- Nerves
- Brain
- Repair of skin
- Reduces scar tissue
- Reduce inflammation
- Eyes
- Spinal Cord
- Assists wound healing
- Nerve repair

**A frequency 292 Hz**

### Nutritional Metabolism
Resonates with **Endoderm** (innermost tissue) that forms:
- Lungs
- Liver
- Gall Bladder
- Bladder
- Thyroid Gland
- Pancreas
- Urethra
- Thymus Gland
- Lining of the intestinal tract
- Auditory Tube
- Improves nutritional assimilation
- Balances the parasympathetic nervous system
- Alleviates allergy problems

**B frequency 584 Hz**

### Movement
Resonates with **Mesoderm** (middle tissue) that forms:
- Connective tissue - ligaments, tendons, cartilage, muscle & bone
- Cortex of the Adrenal Gland
- Pain in muscles, skeletal or myofacial* areas
- Heart
- Blood
- Lymph vessels
- Ovaries
- Testes
- Kidneys
- Spleen

**C frequency 1,168 Hz**

### Coordination
- Coordinates the two sides of the brain
- Reduces Stress

**D frequency 2,336 Hz**
### Nogier Frequencies continued...

#### Nerves
- Pain
- Spinal Cord
- Skin Disorders

Resonates with the spinal cord and the peripheral nervous system:
- The spinal cord carries the messages of the central nervous system from the brain to all other parts of the body.
- The peripheral nervous system extends from the central nervous system. These nerves extend to the outermost areas of the body - to the organs, limbs and skin.

Veterinary experience:
- Reduces excess calcification such as bone spurs and arthritic joints

#### Emotional Reactions
- Balances Hormones
- Muscle spasms
- Facial Pain
- Headaches
- Depression
- Healing of non-healing bone fractures
- Balances thalamus and hypothalamus - two major body control centers

Resonates with the subcortical or lower regions of the brain:
- Speech
- Memory
- Hormones balance
- Unconscious reactions/reflexes

Veterinary experience:
- Improves circulation

#### Intellectual Organization
- Memory
- Psychological disorders
- Nervousness and worry
- Thinking
- Imagining
- Creating

Resonates with the cerebral cortex of the brain:

Veterinary experience:
- Reduces inflammation and scar tissue on tendons and ligaments.

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*Myofascial pain: The fascia is a tough connective tissue which spreads throughout the body surrounding every muscle, bone, nerve, blood vessel and organ of the body. Malfunction of the fascial system due to trauma, posture, or inflammation can create a binding down of the fascia resulting in abnormal pressure on nerves, muscles, bones or organs. This may be associated with fibromyalgia.*